



## spa rituals

### Pure Indulgence Package

We start with a soothing body polish, and by a body masque. We follow this by a top to toe massage and a facial tailored to your skins needs.

**3hrs | \$350**

### Ocean Mineral Salt Glow

A blissful body exfoliation starting with a whole body polish using Dead Sea salts, the worlds most detoxifying salts, while you enjoy a hydrating facial and scalp treatment

**75min | \$115**

### Blissful Balance

Enjoy a body scrub aimed to improve skin tone and elasticity, followed by a hydrating body wrap. End with a soothing neck and shoulder massage with our peppermint and menthol concentrate.

**75min | \$155**

### Deluxe Relaxation Package

A relaxing 30 minute hydrating facial with a 30 minute neck should and back massage plus an express manicure & pedicure

**2hrs | \$200**

### Mother To Be Package

60 minute relaxation massage, followed up with a hydrating 30 minute facial, and a 30 minute pedicure.

**2hrs | \$160**

### Glamour Package (Event Ready)

Get yourself glamoured up for that special event with a facial, brow and lash tint & wax, mini manicure & pedicure plus a makeup session with our therapist.

**3hrs | \$220**

### Summer Ready

A body exfoliation, summer tan (cream) plus express manicure and pedicure

**2hrs | \$160**

### Essential Pamper

Express Aveda Facial with back, neck, shoulder and hot oil scalp massage.

**1hr | \$90**

## massage

### Customised Massage

Reduce tension, restore your well-being and coax tired and aching muscles back into condition with the power of touch. Ideal to use as part of your health maintenance program. Our therapists incorporate a variety of massage and energy balancing techniques and pressure, to provide you with a customised massage.

### Stress-Fix Massage

Using Lavender, Lavandin & Clary sage oils to remove that stress from your inner body, and detoxify tense muscles caused by everyday stress.

### Relaxation Massage

A full body aromatherapy oil massage using traditional Swedish techniques to relieve stress related tension and fatigue. Incorporates essential oils.

### Pricing for all massages:

**30min | \$65**

**60min | \$90**

**90min | \$130**



## facials

### Botanical Resurfacing

With our hands-on approach and the power of tourmaline botanical resurfacing can smooth your skins texture. Reduce the appearance of fine lines, and diminish pore size while significantly increasing radiance. This facial gives you the glowing results comparable to salon micro-dermabrasion with less irritation and inflammation.

**30min | \$65**

**60min | \$90**

**90min | \$130**

### Perfecting Plant Peel

Harnessing unique botanical ingredients to give you an intensive deep exfoliation an alternative to harsh glycolic peels that can make the skin red and light sensitive. Avedas Perfecting Peel will provide the skin with 40% exfoliation equivalent results to that of a 30% glycolic peel, leaving your skin incredibly smooth, soft and supple with improved skin clarity. A 4 week series is recommended.

**40min | \$75**



### Enbrightenment Discolouration

Combines high-tech plant technology-up to 99.7% naturally derived formulas with a high-touch service to maximise the benefits of new Enbrightenment Brightening Skin Care: 34% reduction in appearance of discolouration and dark spots; 52% improvement in visible clarity.\* New massage and application methods inspired by traditional Asian techniques to support healthy skin function achieving an evening of skin tone and overall luminosity. The 90 minute treatment includes signature reflexology treatment for relaxation.

**60min | \$90**

**90min | \$130**

# facials

## Green Science Skin Renewing

Harness the powerful plant technology of Green Science with high-touch skin therapy to renew, repair and regenerate your skin. Clinically proven to lift and firm the skin, reduce fine lines & wrinkles, improve skins smoothness, tone & clarity, & significantly improve skin barrier strength while reducing the appearance of age spots. Avedas signature 5 phase massage treatment will result in a firmer, more youthful complexion and appearance.

**60min | \$90**  
**90min | \$130**

## Outer Peace Blemish Relief

A total solution personalised for your skin that treats not only blemish symptoms, but also the causes so skin stays clear. Includes consultation; professional exfoliation; pore extractions and redness reduction; stress-relief techniques; diet and other individualised tips for a blemish-free lifestyle. Outer Peace is clinically proven to reduce acne and blemishes by up to 92% in 4 weeks.

**60min | \$90**  
**90min | \$130**



## Customised Facials

A focused treatment customised to target your skins needs. Based on Avedas Elemental Nature Philosophy, allow our experts to personalise products, essential oil aromas and facial techniques to address your specific skin concerns:

- + Brighten to reduce pigmentation
- + Hydrate to renew dehydrated and ageing skin
- + Sensitive, normal to oily skin

**30min | \$65**  
**60min | \$90**  
**90min | \$130**

# treatments

## Body Exfoliation

A customised refinement of the entire body that will leave your skin cleansed, polished and softened. A hydrating formula customised with your chosen aroma will smooth and condition the skin.

**60min | \$90**  
**90min | \$130**

## Essential Back

The hard-to-reach area of your back is tended to during this deep-cleansing masque and massage. Shoulders, neck and back are purified and refined to ensure well cared for skin all over.

**30min | \$65**  
**60min | \$90**  
**90min | \$130**

## Aqua Therapy Salt Scrub

Soak away tension and dryness with mineral-rich salts from the dead sea. Leaves your body feeling soft, smooth and destressed. Choose your own aroma to enrich your experience and finish with a hydrating body moisturization.

**60min | \$90**  
**90min | \$130**

## Rosemary Mint Body Wrap

De-stress and awaken your senses. Renew both body and mind with this stimulating wrap. Your body is exfoliated, smoothed, softened and wrapped. Essences of rosemary and peppermint will awaken your senses and stimulate circulation, while a scalp and foot massage balances the whole body. Ideal for fluid retention or muscular aches and pains.

**60min | \$95**  
**90min | \$140**

## Caribbean Therapy Body Scrub

A stimulating exfoliation treatment that uses the healing touch and plant ingredients from the Caribbean to rejuvenate your skin and senses. This island-inspired treatment includes a foot bath, foot massage, Caribbean Therapy Body Scrub and massage that will leave you feeling renewed.

**60min | \$90**  
**90min | \$130**



# hands & feet

## Manicures & Pedicures

**30min | \$50**

A quick treat for those tired hands or feet. Includes soak, nail file, buff moisturise and polish

**60min | \$80**

Soothe and moisturise your arms and hands with citrus extracts, or refresh tired aching feet and legs with sea salts and the aroma of peppermint. A scrub will smooth your skin while a customised herbal masque will calm and nourish. Complete with a hand or foot massage using softening plant extracts. Includes shape, cuticle work, skin buff & polish finish.



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# makeup

## Makeup

Full Makeup Application using Aveda colour prescription for your skin tone and face shape. Includes a consultation, full makeup application and an individually designed colour chart.

**Express Full Makeup - 30min | \$40**

**Consultation and trial makeup - 45min | \$65**

**Full Makeup - 60min | \$80**

Wedding & Event Makeup available.

Our AVEDA makeup specialists work with you to trial and perfect the look you want to achieve for your special day.



# tanning

## Tanning

Get an even all over full body golden bronzed green based tan that last for days. Treatment includes a body scrub to even skin texture and remove dead skin cells. Tan is applied to full body and the face. Perfect for any occasion.

**Summer Tan & Aqua Therapy Scrub 60min | \$80**

# waxing & tinting



Half Leg		\$40
Full Leg		\$60
Half Arm		\$40
Full Arm		\$50
Underarm		\$25
Bikini		\$25
Extended Bikini		\$30
G-String		\$45
Lip & Brow		\$35
Upper Lip		\$20
Face Side		\$30
Chin		\$20
Eyebrow Wax & Shape		\$25
Chest & Stomach	from	\$40
Back	from	\$30
Lash Tint		\$25
Brow Tint		\$15
Lash & Brow Tint		\$35
Lash & Brow Tint + Brow Wax		\$55

# prior to arrival

## ARRIVE EARLY

Please arrange your day ahead of time and plan to arrive 10 minutes before your treatment starts.

This will allow time to settle and unwind, sip Avedas herbal tea as you fill in your client card. If you arrive late this may result in your appointment being shortened.

## SPA SILENCE

Please switch off your mobile phone.

## VALUABLES

Please leave at home or in your hotel room.

## PEDICURE

Preserve your polish, wear open toed shoes to a pedicure.

## MEN

For a smooth facial please shave before treatment.

## CANCELLATIONS

24 hours notice of any cancellation is kindly required or a 50% cancellation fee will be charged.

# aveda

Our mission at Aveda is to care for the world we live in, from the products we make to the ways in which we give back to society.

At Aveda, we strive to set an example for environmental leadership and responsibility, not just in the world of beauty, but around the world. The art and science of pure flower and plant essences is the core of Aveda. Our beauty products are alive with the life force of plants, and contain pure essential oils.

Our solutions are so powerful we call them Purescriptions. While we specialise in hair care, we offer other plant-based products skin care, makeup, pure-fume, aromas and lifestyle that are all professionally developed, clinically tested, and go to exceptional lengths to be respectful of the earth. Our professional network, nearly 7,000 salons and spas worldwide, shares our commitment.

Ever since a hairdresser founded Aveda in 1978, our products have been harvested with respect for the earth, in harmony with the web of life. Aveda: connecting beauty, environment and well-being.



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